

**ENTRANCE ANTIPHON**

God is in his holy place,  
God who unites those who dwell in his house;  
he himself gives might and strength to his  
people.

**GLORIA**

Glory to God in the highest,  
and on earth peace to people of good will.

We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

**COLLECT**

O God, protector of those who hope in you,  
without whom nothing has firm foundation,  
nothing is holy,  
bestow in abundance your mercy upon us  
and grant that, with you as our ruler and guide,  
we may use the good things that pass  
in such a way as to hold fast even now  
to those that ever endure.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
one God, for ever and ever.  
Amen.

**FIRST READING**

2 Kings 4:42-44

A reading from the second book of the Kings.

A man came from Baal-shalishah, bringing  
Elisha, the man of God, bread from the first-  
fruits, twenty barley loaves and fresh grain in  
the ear. "Give it to the people to eat", Elisha said.  
But his servant replied, "How can I serve this to  
a hundred men?" "Give it to the people to eat"  
he insisted "for the Lord says this, 'They will  
eat and have some left over.'" He served them;  
they ate and had some left over, as the Lord had  
said.

The word of the Lord.  
Thanks be to God.

**PSALM**

Ps 144 (145):10-11, 15-18

Response:

You open wide your hand, O Lord, and grant  
our desires.

- All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. (R.)
- The eyes of all creatures look to you  
and you give them their food in due time.  
You open wide your hand,  
grant the desires of all who live. (R.)

- The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
who call on him from their hearts. (R.)

**SECOND READING**

Ephesians 4:1-6

A reading from the letter of St Paul to the  
Ephesians.

I, the prisoner in the Lord, implore you to lead  
a life worthy of your vocation. Bear with one  
another charitably, in complete selflessness,  
gentleness and patience. Do all you can to  
preserve the unity of the Spirit by the peace  
that binds you together. There is one Body, one  
Spirit, just as you were all called into one and  
the same hope when you were called. There is  
one Lord, one faith, one baptism, and one God  
who is Father of all, of all, through all and within  
all.

The word of the Lord.  
Thanks be to God.

**GOSPEL ACCLAMATION**

Alleluia, alleluia! Your words are spirit, Lord,  
and they are life;  
you have the message of eternal life. Alleluia!

**GOSPEL**

John 6:1-15

A reading from the holy Gospel according to  
John.

Jesus went off to the other side of the Sea  
of Galilee – or of Tiberias – and a large crowd  
followed him, impressed by the signs he gave  
by curing the sick. Jesus climbed the hillside,  
and sat down there with his disciples. It was  
shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds  
approaching and said to Philip, "Where can  
we buy some bread for these people to eat?"  
He only said this to test Philip; he himself  
knew exactly what he was going to do. Philip  
answered, "Two hundred denarii would only buy  
enough to give them a small piece each." One  
of his disciples, Andrew, Simon Peter's brother,  
said, "There is a small boy here with five barley  
loaves and two fish; but what is that between so  
many?" Jesus said to them, "Make the people  
sit down." There was plenty of grass there, and  
as many as five thousand men sat down. Then  
Jesus took the loaves, gave thanks, and gave  
them out to all who were sitting ready; he then  
did the same with the fish, giving out as much  
as was wanted. When they had eaten enough  
he said to the disciples, "Pick up the pieces  
left over, so that nothing gets wasted." So they  
picked them up, and filled twelve hampers with  
scraps left over from the meal of five barley  
loaves. The people, seeing this sign that he had  
given, said, "This really is the prophet who is  
to come into the world." Jesus, who could see  
they were about to come and take him by force  
and make him king, escaped back to the hills by  
himself.

The Gospel of the Lord.  
Praise to you, Lord Jesus Christ.

**PROFESSION OF FAITH**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages,  
God from God, Light from Light,

true God from true God,  
begotten, not made, consubstantial with  
the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
(all bow during the next three lines)  
and by the Holy Spirit was incarnate of the  
Virgin Mary,  
and became man.  
For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord,  
the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of the  
dead  
and the life of the world to come. Amen.

**PRAYER OVER THE OFFERINGS**

Accept, O Lord, we pray, the offerings  
which we bring from the abundance of your gifts,  
that through the powerful working of your grace  
these most sacred mysteries may sanctify our  
present way of life  
and lead us to eternal gladness.  
Through Christ our Lord.  
Amen.

**COMMUNION ANTIPHON**

Bless the Lord, O my soul,  
and never forget all his benefits.

**PRAYER AFTER COMMUNION**

We have consumed, O Lord, this divine  
Sacrament,  
the perpetual memorial of the Passion of your  
Son;  
grant, we pray, that this gift,  
which he himself gave us with love beyond all  
telling,  
may profit us for salvation.  
Through Christ our Lord.  
Amen.

May the Lord, support us all the day long, until  
the shadows lengthen,  
and the evening comes, and the busy world is  
hushed, and the fever of life is over,  
and our work is done. Then in your mercy, grant  
us a safe lodging and a holy rest,  
and peace at the last.

Saint John Henry Newman