

BREAD OF LIFE

Bread sudoku

There are many different types of bread.



look after us – so he gave us Jesus. Jesus gave himself to us in bread and wine, so that he will always be with us.

Food for life

Our food gives us energy.

What is

your

favourite food?

Draw or write it onto the plate.

We need energy to follow Jesus and live like he did.

Fit in the missing vowels to find out what will give us this energy.

H_ly C_mm_n_ n (oouio)

Word search

BREAD #	В	R	E	Α	D
BODY 🜞	0	F	0	0	D
FOOD	D	R		N	K
BLOOD	Y	L	1	F	E
DRINK #	В	L	0	0	D
LIFE					

A PRAYER TOWN

Thank you, Jesus, for loving me so much that you gave your life for me. I can give up my time and energy to help other people. Help me to share your love and life today. Amen.

redemptorist

Holy Communion

At Holy Communion, we eat bread and drink wine that has become Jesus' body and blood. Can you colour in the picture of what we see at Holy Communion?

