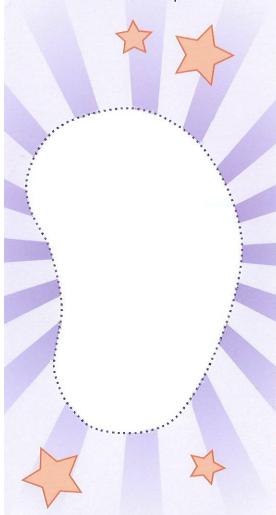


Listen

Close your eyes for a while and listen really carefully. Draw or write what you heard in the ear shape.



Jesus is visiting his friends for tea. Martha is very busy preparing the food. Mary is just sitting listening to Jesus. It's not fair! Martha wants Mary to help. Jesus tells Martha to stop worrying. Mary is doing the very best thing. Nothing is more important than listening to Jesus.

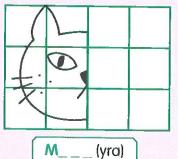
In the house of Martha and Mary

Here is Martha. She is very busy. How many things is she using? Link them to her with a line.



Finding balance

The church on the holy island of long has carvings of a cat and a monkey. The cat represents Mary and her quiet listening. The monkey represents Martha and her busy activity.





The monks knew we needed both. Practise drawing a cat and a monkey to remember today's story.

Be very still and quiet. Relax your arms and leas, your front and your back. Breathe in feelings of calm. Breathe out and let go of anything that is worrying you. Know that God is with you.

redemplorist

Wordsearch

MARTHA MARY

LISTEN

BUSY

EARS

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