

ST. ANSELM

Proclaiming Christ in Hayes

Holy habits, gratitude.

It is very easy to fall into the habit of being cross with the world. Of being cynical. Of not seeing what God puts in front of you each and every day.

The Christian practice of gratitude is something that has existed in our relationship with God right back to our earliest covenants.

Our offering of thanksgiving and praise has been at the heart of our relationship with God right the way back to Abraham and the earliest Israelites.

We still see it today in our liturgy - our Eucharist always starts with a greeting 'the Lord be with you' and with a

declaration of praise and thanks:

'Let us give thanks to the Lord'.

The Priest continues,

'It is right to give thanks and praise always and everywhere'.

This is not something that is reserved to the altar - it is something that we all do 'always and everywhere'.

Or rather - should do. It's one of the easiest things to forget however and very quickly we fall into the trap of the world around us by being cynical and closed to the gifts of God.

To start practicing gratitude is to be open to those gifts and opportunities in front of



you. To be able to discern those gifts enables you to make best use of them.

Start your day by crossing yourself and saying the Our Father, then thank God for the gift of another day here on earth, another day to share His love in the world, another day to care for those in need, another day to love your friends and family.

Thank you God for our family at St. Anselm, the friendships, the support and the love.

Fr. Matthew

Get in touch:

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[24/7 hunter number]

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Churchwardens:

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Please let us know of illness or other need as soon as possible. He is available

Prayer focus

For families who may struggle with the early start of the Easter school holidays this year. For those who will struggle to heat their homes.

Worship focus

Come to church on Thursday and take part in our Lent Course - or join online on Thursday evenings.

Palm Sunday next week!

This Sunday

Sunday 3rd April

5th Sunday of Lent ●

10am - Parish Mass

Divine Office Psalter Week 4, Year C(II)

Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

Notices

Our Lent Course - Holy Habits - continues on Thursday (7th). This week you'll be hearing about the Holy Habit of Daily Prayer & Scripture from Fr. Sam. You can take part in person on Thursday mornings after mass or online on Thursday evenings at 7:30pm. More details on the website - www.stanselm.co.uk/lent

Lent is a very good time to make your first confession. If you've not come to confession before, or if you're worried about how it works please speak to Fr. Matthew.

Please note there are several changes to the office and mass times this week to reflect the start of the Easter holidays.

We are very short of tinned meat, soup & tinned vegetables for the foodbank and I'd really appreciate any donations you can bring this Sunday.

It's Palm Sunday next week, the start of Holy Week and our journey towards Easter Sunday. Please make an extra effort to be in church and receive your palm cross.

Years Mind

4th - Cyril Henry Moore, Harry Miller, Elaine Wilkins, Kingston Murray

5th - Freddie Fiddler

6th - Charles Force

7th - Fr O. Griffiths

8th - Edward Baverstock, Joan Neighbour

9th - Stanley Colin Newman

Pray This Week For

Helen Holman, Yolanda De Gale, Wayne Campbell, Anthony, Gleta & family, Norma Piggott, H & family, Mavis Sibley, Kevin Riley & Family, Pauline Job, Gemma, Georgina Burstow, Val Jones, Fr John Metivier & Family, Rita Ford, Sally Furniss, Doug Cross.

This week at St. Anselm

Monday 4th April

Monday of the 5th week of Lent ●

[Offices said privately]

Prayer focus: Our online family

Tuesday 5th April

Tuesday of the 5th week of Lent ●

[Offices said privately]

Prayer focus: The evangelisation of England

Wednesday 6th April

Wednesday of the 5th week of Lent ●

9:45am - Morning Prayer | 10am - Mass

12pm-2pm - Foodbank & One Stop Help

6pm - Evening Prayer & Rosary

Prayer focus: Priests & Bishops of the Society

Thursday 7th April

Thursday of the 5th week of Lent ●

9:45am - Morning Prayer | 10am - Mass

11am - In person Lent Course followed by lunch

6pm - Evening Prayer

7:30pm - Online Lent Course

Prayer focus: Persecuted Christians

Friday 8th April

Friday of the 5th week of Lent ●

[Offices said privately]

Prayer focus: Struggling Mothers & Fathers

Saturday 9th April

Saturday of the 5th week of Lent ●

[offices said privately]

Prayer focus: Children around the world

Sunday 10th April

Palm Sunday ●

10am - Parish Mass

Divine Office Psalter Week 2, Year C(II)

Confessions are heard on Tuesday evening after Evening Prayer, or by appointment with Fr. Matthew