# ST. ANSELM

# Proclaiming Christ in Hayes

# Holy habits,

daily prayer & scripture.

As we enter Holy Week our Lent Course - Holy Habits - focuses on daily prayer and scripture. Perhaps the most difficult habit we have discussed to date.

Each habit we've talked about so far has an external prompt that helps us to focus on God. Our physical posture in the liturgy is driven by the liturgy itself and the action of others around us. The practice of Pilgrimage contains an element of adventure that helps us along and gratitude is the reaction of God's work around us.

But the daily reading of scripture and our daily prayers require something far

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Please let us know of illness or other need as soon as possible. He is available

harder to prompt us into doing them.

Discipline.

There are very few external prompts to open our bible or say our prayers.

As Priests I think we're fortunate to be required to say our offices each day - and are often prompted to do so by the public services we offer and the calling of the church bell at various times of day.

But if you're not publicly accountable to carry out these tasks what keeps you focused on them?

Discipline.

The only way to start to read more scripture and to pray with regularity is to simply do it - and the more you do it - the more it will become a habit.

# **Prayer focus**

For all of those working hard to clean the church, prepare the flowers, make the tea and get everything ready for our Easter celebrations.



The more of a habit it becomes the easier it will get and the easier it gets the more scripture and the Holy Spirit will be able to work within you.

As we end Lent and move into Holy Week dig out your bibles and place them next to your bed. Pray when you wake, read scripture before you sleep.

Wake with God on your lips and sleep with Him in your heart.

Fr. Matthew

# Worship focus

There's always a lot to do in Holy Week - but it's the most important part of the Christian Year. Come and follow Jesus as he treads the path of death & resurrection.

#### This Sunday

#### Sunday 10th April

Palm Sunday •

10am - Parish Mass

Blessing of Palms, Procession & High Mass

Divine Office Psalter Week 2, Year C(II)

## Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



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#### Notices

As we start Holy Week together there are lots of changes to the usual schedule. Please do have a read and make sure you make time to come to the various important elements of Holy Week (not least Confession!)

Edmund will be the boat boy at the Chrism Mass with +Jonathan on Tuesday. You're all warmly invited to attend this special service.

Flowers - we really need some volunteers to make the altar of repose for the watch on Thursday night in the Lady Chapel and to dress the nave altar for the Vigil Mass on Saturday evening. I'd really appreciate any offers of help for this - or goodness knows what you'll get if I do it!

There is a Walk of Witness on Good Friday with our brothers and sisters in neighbouring parishes - we meet at 11am outside the Roman Catholic church in Botwell.

Thank you to everyone (especially our online congregation) for the very generous donation of food and money to buy food for the foodbank over the last week. We're back up to full strength and stand ready to help where we can.

#### **Years Mind**

11th - Annie New

12th - Laurie Murray

13th - Lolita Hinds, Margaret Fortescue French

14th - Damascene de Sousa, Lilian Smith, Ilse Burton

15th - Ann Harker

16th - Polly Sadler, Esmé Beccles,

# Pray This Week For

Helen Holman, Yolanda De Gale, Wayne Campbell, Anthony, Gleta & family, Norma Piggott, H & family, Mavis Sibley, Kevin Riley & Family, Pauline Job, Gemma, Georgina Burstow, Val Jones, Fr John Metivier & Family, Rita Ford, Sally Furniss, Doug Cross.

#### This week at St. Anselm

#### Monday 11th April

Monday of Holy Week •

7pm - Confessions

7:30pm - High Mass

Prayer focus: Our online family

## Tuesday 12th April

Tuesday of Holy Week •

11am - Chrism Mass at St. Andrew's, Holborn

7pm - Confessions

7:30pm - High Mass

Prayer focus: The evangelisation of England

#### Wednesday 13th April

Wednesday of Holy Week

12pm-2pm - Foodbank & One Stop Help

3pm - Stations of the Cross

7pm - Confessions

7:30pm - High Mass

Prayer focus: Priests & Bishops of the Society

#### Thursday 14th April

Maundy Thursday

8pm - High Mass of the Lord's Supper With washing of feet, stripping of the altars, and watch until midnight.

Prayer focus: Persecuted Christians

# Friday 15th April

Good Friday

11am - Walk of Witness in Hayes

3pm - Liturgy of the Passion

With veneration of the Cross

Prayer focus: Struggling Mothers & Fathers

# Saturday 16th April

Holy Saturday •

8pm - The Paschal Vigil and First Mass of Easter

The greatest celebration of the Christian Year.

Prayer focus: Children around the world

# Sunday 17th April

Easter Sunday

10am - Parish Mass

3pm - Benediction of the Blessed Sacrament.

Divine Office Psalter Week 1, Year C(II)