HYMNS

6TH MARCH, 2022

1st Sunday in Lent

INTROIT

Forty days and forty nights thou wast fasting in the wild; forty days and forty nights tempted, and yet undefiled.

Sunbeams scorching all the day; chilly dew-drops nightly shed; prowling beasts about thy way; stones thy pillow, earth thy bed.

Let us thine endurance share, and awhile from joys abstain, with thee watching unto prayer, strong with thee to suffer pain?

And if Satan, vexing sore, flesh or spirit should assail, thou, his vanquisher before grant we may not faint nor fail.

So shall we have peace divine; holier gladness ours shall be; round us too shall angels shine, such as ministered to thee.

Keep, O keep us, Saviour dear, ever constant by thy side; that with thee we may appear at the eternal Eastertide.

GOSPEL

I heard the voice of Jesus say:
'Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast.'
I came to Jesus as I was,
weary and worn and sad,
I found in him a resting-place,
and he has made me glad.

I heard the voice of Jesus say:
'Behold, I freely give
the living water; thirsty one,
stoop down and drink and live.'
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

I heard the voice of Jesus say:
'I am this dark world's Light;
look unto me, thy morn shall rise,
and all thy day be bright.'
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk,
till travelling days are done.

OFFERTORY

Jesu, lover of my soul, let me to thy bosom fly, while the gath'ring waters roll, while the tempest still is high: Hide me, O my Saviour, hide, till the storm of life is past; safe into the haven guide, O receive my soul at last.

Other refuge have I none, hangs my helpless soul on thee; leave, ah, leave me not alone, still support and comfort me. All my trust on thee is stayed, all my help from thee I bring; cover my defenceless head with the shadow of thy wing.

Plenteous grace with thee is found, grace to cover all my sin; let the healing streams abound, make and keep me pure within. Thou of life the fountain art, freely let me take of thee, spring thou up within my heart, rise to all eternity.

THE ANGELUS

- V. The Angel of the LORD brought tidings to Mary
- R. And she conceived by the Holy Ghost.
- Hail Mary, full of grace; the LORD is with thee: blessed art thou amongst women, and blessed is the Fruit of thy womb, Jesus.
- R. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, amen.
- V. Behold the handmaid of the LORD.
- R. Be it unto me according to thy word.

Hail Mary, ...

- V. And the Word was made flesh.
- R. And dwelt among us.

Hail Mary...

- V. Pray for us, O Holy Mother of God.
- R. That we may be made worthy of the promises of Christ.

Let us pray,

Pour forth, we beseech Thee, O LORD, Thy grace into our hearts; that as we have known the incarnation of thy son Jesus Christ by the message of and Angel. So by his Passion and Cross may we be brought to glory of his resurrection through the same Christ Our LORD.

R. Amen.

RECESSION

Just as I am, without one plea but that thy blood was shed for me, and that thou bidst me come to thee, O Lamb of God, I come.

Just as I am, though tossed about with many a conflict, many a doubt, fightings within and fears without, O Lamb of God, I come.

Just as I am, poor, wretched, blind; sight, riches, healing of the mind, Yea, all I need, in thee to find, O Lamb of God, I come.

Just as I am, thou wilt receive, wilt welcome, pardon, cleanse, relieve: because thy promise I believe, O Lamb of God, I come.

Just as I am (thy love unknown has broken every barrier down), now to be thine, yea, thine alone, O Lamb of God, I come.

Just as I am, of that free love the breadth, length, depth, and height to prove, here for a season, then above, O Lamb of God, I come.