

# ST. ANSELM

## Proclaiming Christ in Hayes

### Sabbath

#### Rest and worship.

I was very moved by Bishop Jonathan's sermon last Sunday

(*Compassion to the Core* - find it to listen again - or read - in the Sermons and Teaching section of our website - [www.stanselm.co.uk/our-sermons](http://www.stanselm.co.uk/our-sermons))

In it he drew a connection between our sabbath day - rest - and worship. I had never considered our sabbath day to be anything other than one of rest.

When I think of rest I think of quiet afternoons in the garden with a cold drink and a good book - perhaps a bbq... but I don't often think of worship.

Bishop Jonathan drew our attention to the intention of rest in the Sabbath in saying:

"We all need those times of rest and refreshment and renewal when we can take a little time out from our usual everyday routines and concerns. Rest is of course, at the heart of God's purposes for his creation."

But he also reminded us that our sabbath day of rest is also one of worship:

"Every single Sunday. We know it is a day of rest. But first, the priority, of course, is that it is a day of worship. It is a day of our celebration of the Eucharist, the mass."

It was a stark reminder that in resting we are never on our own, but walk with God alongside us.

And so this week - as I head for some (I hope) well deserved rest and



relaxation, I will continue to offer myself to God in that rest and in that peace.

Perhaps re-discovering and re-connecting with God in that peace.

I encourage you to do the same over the coming two weeks when there appears to be a 'rest' in our mid-week worship. Use this time to find peace and rest, to reconnect and reach out to God.

Fr. Matthew

### Get in touch:

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Churchwardens:

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*Please let Fr. Matthew know of illness or other need as soon as possible. He is available on the above number 24/7.*

### Prayer focus

Thanksgiving for all that has happened in the parish over the last 12 months and guidance and strength for the next 12!

### Worship focus

Even though there are no mid-week services, make sure you are praying every day - start and end the day with the Lord's Prayer.

## This Sunday

### Sunday 25th July

17th Sunday in Ordinary Time ●

10am - Parish Mass

6pm - Evening Prayer, Benediction

Talk about Compline (night prayer)

Divine Office Psalter Week 1, Year B(I)

## Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

## Notices

A big thank you to Fr. Nigel Palmer who is kindly covering the parish mass on Sunday 1st August. We are very grateful for his service and I know he will be given a big St. Anselm welcome.

Fr. Matthew is on holiday for two weeks from Monday 26th July to Saturday 7th August. In an emergency you can contact him via the numbers published on the front of the pew sheet and he can put you in touch with a Priest locally.

There will be a bric-a-brac sale on Saturday 31st July at the front of church - if you have anything that would help raise funds please bring it on the day. 10am - 1pm.

No mid-week services for the next two weeks.

## Years Mind

27th July - Mary Rigby, Charles MacCalvin

28th July - Irene Davis

30th July - Norman Rudge

1st August - Dorothy Redding

2nd August - Margery Allen

4th August - Rhydwen Williams, Julian Charles

5th August - Harold James Harker, Jean Gwillim-Jones

6th August - Owen Sears, Charles Howse, Rachel Keen

7th August - Elizabeth Bunce

## Pray This Week For

Yolande DeGale, Sr. Angela, Helen Holman, Beryl Higgs, Norma Piggott, Rene Holman, June Boughton, Verity Thompson, Daniel Sibley, Wayne Campbell, Ivor, Maxine & Megan, Gary Saville, Anthony & Greta, David Miller, Shirley Hammond.

## The next two weeks

### Monday 26th July

St. Joachim and St. Anne, parents of the BVM ●

### Tuesday 27th July

Tuesday of week 17 in Ordinary Time ●

### Wednesday 28th July

Wednesday of week 17 in Ordinary Time ●

### Thursday 29th July

Ss. Martha, Mary and Lazarus ●

### Friday 30th July

Friday of week 17 in Ordinary Time ●

### Saturday 31st July

St. Ignatius Loyola ●

## Sunday 1st August

18th Sunday in Ordinary Time ●

10am - Parish Mass

Divine Office Psalter Week 2, Year B(I)

### Monday 2nd August

Monday of week 18 in Ordinary Time ●

### Tuesday 3rd August

Tuesday of week 18 in Ordinary Time ●

### Wednesday 4th August

St. John Vianney ●

### Thursday 5th August

Thursday of week 18 in Ordinary Time ●

### Friday 6th August

The Transfiguration of the Lord ●

### Saturday 7th August

Saturday of week 18 in Ordinary Time ●

## Sunday 8th August

19th Sunday in Ordinary Time ●

10am - Parish Mass

Divine Office Psalter Week 3, Year B(I)