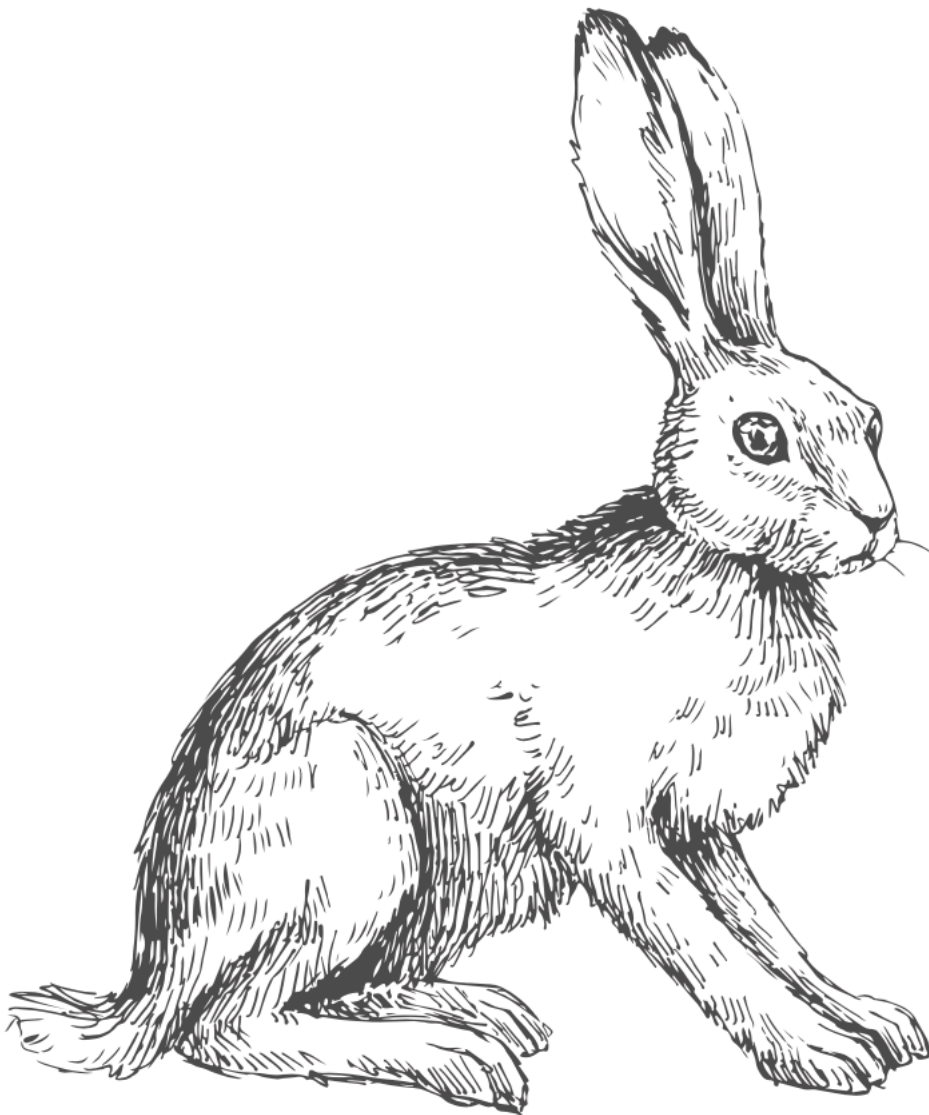


# PALM SUNDAY





A very warm welcome to St. Anselm.



*When the bell rings, please stand.*

### **ENTRANCE ANTIPHON**

Hosanna to the Son of David;  
blessed is he who comes in the name of the Lord,  
the King of Israel.  
Hosanna in the highest.

As the Lord entered the holy city,  
the children of the Hebrews proclaimed the  
resurrection of life.  
Hosanna in the Highest.

When the people heard that Jesus was coming to Jerusalem,  
they went out to meet him.  
Waving their branches of palm, they cried:  
Hosanna in the Highest.

*As the procession travels through the church the servers will distribute the palm crosses.*

Dear brothers and sisters,  
since the beginning of Lent until now  
we have prepared our hearts by penance and charitable works.  
Today we gather together to herald with the whole Church  
the beginning of the celebration  
of our Lord's Paschal Mystery,  
that is to say, of his Passion and Resurrection.  
For it was to accomplish this mystery  
that he entered his own city of Jerusalem.  
Therefore, with all faith and devotion,  
let us commemorate  
the Lord's entry into the city for our salvation,  
following in his footsteps,  
so that being made by his grace partakers of the Cross,  
we may have a share also in his Resurrection and in his life.

## BLESSING OF THE PALMS

Let us pray.

Almighty ever-living God,

sanctify ✠ these branches with your blessing

that we, who follow Christ the King in all exultation,

may reach the eternal Jerusalem through him.

Who lives and reigns for ever and ever.

**Amen**

*The priest sprinkles the branches with holy water without saying anything.  
Returning to the Sanctuary he proclaims the Gospel concerning the Lord's entrance.*

✠ A reading from the holy Gospel according to Mark

Now when they drew near to Jerusalem, to Bethphage and Bethany, at the Mount of Olives, Jesus sent two of his disciples and said to them, "Go into the village in front of you, and immediately as you enter it you will find a colt tied, on which no one has ever sat. Untie it and bring it. If anyone says to you, 'Why are you doing this?' say, 'The Lord has need of it and will send it back here immediately.' " And they went away and found a colt tied at a door outside in the street, and they untied it. And some of those standing there said to them, "What are you doing, untying the colt?" And they told them what Jesus had said, and they let them go. And they brought the colt to Jesus and threw their cloaks on it, and he sat on it. And many spread their cloaks on the road, and others spread leafy branches that they had cut from the fields. And those who went before and those who followed were shouting, "Hosanna! Blessed is he who comes in the name of the Lord! Blessed is the coming kingdom of our father David! Hosanna in the highest!"

*The Priest approaches the altar, venerates & censes it before moving to the chair.*

## SIGN OF THE CROSS & GREETING

In the name of the Father, and of the Son, and of the Holy Spirit.

**Amen.**

The Grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

**And with your Spirit.**



## **PENITENTIAL ACT**

Brothers and sisters,  
let us acknowledge our sins,  
and so prepare ourselves to celebrate the sacred mysteries.

You were sent to heal the contrite of heart:  
Kyrie, eleison. **Kyrie, eleison.**

You came to call sinners:  
Christe, eleison. **Christe, eleison.**

You are seated at the right hand of the Father to intercede for us:  
Kyrie, eleison. **Kyrie, eleison.**

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**Amen**

## **COLLECT**

Let us pray.  
Almighty ever-living God,  
who as an example of humility for the human race to follow  
caused our Saviour to take flesh and submit to the Cross,  
graciously grant that we may heed his lesson of patient suffering  
and so merit a share in his Resurrection.  
Who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.  
**Amen.**

*Please sit for the narrative of the Lord's Passion.*

## ✠ The Passion of our Lord Jesus Christ according to Mark

*Key: N. Narrator. ✠ Jesus.*

**N.** It was two days before the Passover and the feast of Unleavened Bread, and the chief priests and the scribes were looking for a way to arrest Jesus by some trick and have him put to death. For they said, It must not be during the festivities, or there will be a disturbance among the people.

Jesus was at Bethany in the house of Simon the leper; he was at dinner when a woman came in with an alabaster jar of very costly ointment, pure nard. She broke the jar and poured the ointment on his head. Some who were there said to one another indignantly, Why this waste of ointment? Ointment like this could have been sold for over three hundred denarii and the money given to the poor. and they were angry with her. But Jesus said,

✠ Leave her alone. Why are you upsetting her? What she has done for me is one of the good works. You have the poor with you always, and you can be kind to them whenever you wish, but you will not always have me. She has done what was in her power to do: she has anointed my body beforehand for its burial. I tell you solemnly, wherever throughout all the world the Good News is proclaimed, what she has done will be told also, in remembrance of her.

**N.** Judas Iscariot, one of the Twelve, approached the chief priests with an offer to hand Jesus over to them. They were delighted to hear it, and promised to give him money; and he looked for a way of betraying him when the opportunity should occur.

On the first day of Unleavened Bread, when the Passover lamb was sacrificed, his disciples said to him, Where do you want us to go and make the preparations for you to eat the passover? So he sent two of his disciples, saying to them,

✠ Go into the city and you will meet a man carrying a pitcher of water. Follow him, and say to the owner of the house which he enters, ‘The Master says: “Where is my dining room in which I can eat the passover with my disciples?” ’ He will show you a large upper room furnished with couches, all prepared. Make the preparations for us there.

**N.** The disciples set out and went to the city and found everything as he had told them, and prepared the Passover. When evening came he arrived with the Twelve. And while they were at table eating, Jesus said,



✠ I tell you solemnly, one of you is about to betray me, one of you eating with me.

**N.** They were distressed and asked him, one after another, Not I, surely? He said to them,

✠ It is one of the Twelve, one who is dipping into the same dish with me. Yes, the Son of Man is going to his fate, as the scriptures say he will, but alas for that man by whom the Son of Man is betrayed! Better for that man if he had never been born!

**N.** And as they were eating he took some bread, and when he had said the blessing he broke it and gave it to them, saying:

✠ Take it: this is my body.

**N.** Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them,

✠ This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God.

**N.** After psalms had been sung they left for the Mount of Olives. And Jesus said to them,

✠ You will all lose faith, for the scripture says: 'I shall strike the shepherd and the sheep will be scattered.' However, after my resurrection I shall go before you to Galilee.

**N.** Peter said, Even if all lose faith, I will not.  
And Jesus said to him,

✠ I tell you solemnly, this day, this very night, before the cock crows twice, you will have disowned me three times.

**N.** But he repeated still more earnestly, I have to die with you, I will never disown you. And they all said the same. They came to a small estate called Gethsemane, and Jesus said to his disciples,

✠ Stay here while I pray.

**N.** Then he took Peter and James and John with him. And a sudden fear came over him, and great distress. And he said to them,

✠ My soul is sorrowful to the point of death. Wait here, and keep awake.

**N.** And going on a little further he threw himself on the ground and prayed that, if it were possible, this hour might pass him by. He said:

✠ Abba (Father)! Everything is possible for you. Take this cup away from me. But let it be as you, not I, would have it.

**N.** He came back and found them sleeping, and he said to Peter,

✠ Simon, are you asleep? Had you not the strength to keep awake one hour? You should be awake, and praying not to be put to the test. The spirit is willing, but the flesh is weak.

**N.** Again he went away and prayed, saying the same words. And once more he came back and found them sleeping, their eyes were so heavy; and they could find no answer for him. He came back a third time and said to them,

✠ You can sleep on now and take your rest. It is all over. The hour has come. Now the Son of Man is to be betrayed into the hands of sinners. Get up! Let us go! My betrayer is close at hand already.

**N.** Even while he was still speaking, Judas, one of the Twelve, came up with a number of men armed with swords and clubs, sent by the chief priests and the scribes and the elders. Now the traitor had arranged a signal with them. He had said, The one I kiss he is the man. Take him in charge, and see he is well guarded when you lead him away.

So when the traitor came, he went straight up to Jesus and said, Rabbi! and kissed him. The others seized him and took him in charge. Then one of the bystanders drew his sword and struck out at the high priest's servant, and cut off his ear.

Then Jesus spoke:

✠ Am I a brigand, that you had to set out to capture me with swords and clubs? I was among you teaching in the Temple day after day and you never laid hands on me. But this is to fulfil the scriptures.

**N.** And they all deserted him and ran away. A young man who followed him had nothing on but a linen cloth. They caught hold of him, but he left the cloth in their hands and ran away naked.

They led Jesus off to the high priest; and all the chief priests and the elders and the scribes assembled there. Peter had followed him at a distance, right into the high priest's palace, and was sitting with the attendants warming himself at the fire.

The chief priests and the whole Sanhedrin were looking for evidence against Jesus on which they might pass the death sentence. But they could not find any. Several, indeed, brought false evidence against him, but their evidence was conflicting. Some stood up and submitted this false evidence against him,

We heard him say, 'I am going to destroy this Temple made by human hands, and in three days build another, not made by human hands.' But even on this point their



evidence was conflicting. The high priest then stood up before the whole assembly and put this question to Jesus, Have you no answer to that? What is this evidence these men are bringing against you? But he was silent and made no answer at all. The high priest put a second question to him, Are you the Christ, the Son of the Blessed One?

Jesus said,

✠ I am, and you will see the Son of Man seated at the right hand of the Power and coming with the clouds of heaven.

**N.** The high priest tore his robes, and said:

What need of witnesses have we now? You heard the blasphemy. What is your finding? And they all gave their verdict: he deserved to die.

Some of them started spitting at him and, blindfolding him, began hitting him with their fists and shouting, Play the prophet! And the attendants rained blows on him.

While Peter was down below in the courtyard, one of the high priest's servant-girls came up. She saw Peter warming himself there, stared at him and said, You too were with Jesus, the man from Nazareth. But he denied it, saying, I do not know, I do not understand, what you are talking about. And he went out into the forecourt. The servant-girl saw him and again started telling the bystanders, This fellow is one of them. But again he denied it. A little later the bystanders themselves said to Peter, You are one of them for sure! Why, you are a Galilean. But he started calling down curses on himself and swearing,

I do not know the man you speak of. At that moment the cock crew for the second time, and Peter recalled how Jesus had said to him, 'Before the cock crows twice, you will have disowned me three times.' And he burst into tears.

First thing in the morning, the chief priests together with the elders and scribes, in short the whole Sanhedrin, had their plan ready. They had Jesus bound and took him away and handed him over to Pilate.

Pilate questioned him:

Are you the king of the Jews?

He answered,

✠ It is you who say it.

**N.** And the chief priests brought many accusations against him. Pilate questioned him again: Have you no reply at all? See how many accusations they are bringing against you! But, to Pilate's amazement, Jesus made no further reply.

At festival time Pilate used to release a prisoner for them, anyone they asked for. Now a man called Barabbas was then in prison with the rioters who had committed murder during the uprising. When the crowd went up and began to ask Pilate the customary favour, Pilate answered them Do you want me to release for you the king of the Jews? For he realised it was out of jealousy that the chief priests had handed Jesus over. The chief priests, however, had incited the crowd to demand that he should release Barabbas for them instead. Then Pilate spoke again: But in that case, what am I to do with the man you call king of the Jews?

They shouted back, Crucify him!

Pilate asked them, Why? What harm has he done?

But they shouted all the louder, Crucify him!

So Pilate, anxious to placate the crowd, released Barabbas for them and, having ordered Jesus to be scourged, handed him over to be crucified.

The soldiers led him away to the inner part of the palace, that is, the Praetorium, and called the whole cohort together. They dressed him up in purple, twisted some thorns into a crown and put it on him. And they began saluting him, Hail, king of the Jews!

They struck his head with a reed and spat on him; and they went down on their knees to do him homage. And when they had finished making fun of him, they took off the purple and dressed him in his own clothes.

They enlisted a passer-by, Simon of Cyrene, father of Alexander and Rufus, who was coming in from the country, to carry his cross. They brought Jesus to the place called Golgotha, which means the place of the skull.

They offered him wine mixed with myrrh, but he refused it. Then they crucified him, and shared out his clothing, casting lots to decide what each should get. It was the third hour when they crucified him. The inscription giving the charge against him read: 'The King of the Jews.' And they crucified two robbers with him, one on his right and one on his left.

The passers-by jeered at him; they shook their heads and said, Aha! So you would destroy the Temple and rebuild it in three days! Then save yourself: come down from the cross! The chief priests and the scribes mocked him among themselves in the same way. They said, He saved others; he cannot save himself. Let the Christ, the king of Israel, come down from the cross now, for us to see it and believe. Even those who were crucified with him taunted him.



When the sixth hour came there was darkness over the whole land until the ninth hour. And at the ninth hour Jesus cried out in a loud voice,

✠ Eloi, Eloi, lama sabachthani?

**N.** which means, ‘My God, my God, why have you deserted me?’ When some of those who stood by heard this, they said, Listen, he is calling on Elijah.

Someone ran and soaked a sponge in vinegar and, putting it on a reed, gave it him to drink, saying: Wait and see if Elijah will come to take him down. But Jesus gave a loud cry and breathed his last.

And the veil of the Temple was torn in two from top to bottom. The centurion, who was standing in front of him, had seen how he had died, and he said, In truth this man was a son of God.

There were some women watching from a distance. Among them were Mary of Magdala, Mary who was the mother of James the younger and Joset, and Salome. These used to follow him and look after him when he was in Galilee. And there were many other women there who had come up to Jerusalem with him.

It was now evening, and since it was Preparation Day (that is, the vigil of the sabbath), there came Joseph of Arimathaea, a prominent member of the Council, who himself lived in the hope of seeing the kingdom of God, and he boldly went to Pilate and asked for the body of Jesus. Pilate, astonished that he should have died so soon, summoned the centurion and enquired if he was already dead. Having been assured of this by the centurion, he granted the corpse to Joseph who bought a shroud, took Jesus down from the cross, wrapped him in the shroud and laid him in a tomb which had been hewn out of the rock. He then rolled a stone against the entrance to the tomb. Mary of Magdala and Mary the mother of Joset were watching and took note of where he was laid.

*Silence*

## **THE APOSTLES' CREED**

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
*At the words that follow, up to and including 'the Virgin Mary', all bow.*  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## **THE PRAYER OF THE FAITHFUL**

*There is now an opportunity for gifts to be brought forward as the altar is prepared*

## **THE LITURGY OF THE EUCHARIST**

### **THE OFFERTORY**

Blessed are you, Lord God of all creation,  
for through your goodness we have received  
the bread we offer you:  
fruit of the earth and work of human hands,  
it will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation,  
for through your goodness we have received  
the wine we offer you:  
fruit of the vine and work of human hands,  
it will become our spiritual drink.

**Blessed be God for ever.**



Pray, brothers and sisters,  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

## **THE EUCHARISTIC PRAYER**

The Lord be with you.  
**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

### **The Passion of the Lord**


It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God,  
through Christ our Lord.

For though innocent he suffered willingly for sinners  
and accepted unjust condemnation to save the guilty.  
His Death has washed away our sins,  
and his Resurrection has purchased our justification.

And so, with all the Angels,  
we praise you, as in joyful celebration we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The Priest alone recites:*

You are indeed Holy, O Lord,  
the fount of all holiness.  
Make holy, therefore, these gifts, we pray,  
by sending down your Spirit upon them like the dewfall,  
so that they may become for us  
the Body and  Blood of our Lord Jesus Christ.

At the time he was betrayed  
and entered willingly into his Passion,  
he took bread and, giving thanks, broke it,  
and gave it to his disciples, saying:

Take this, all of you, and eat of it,  
for this is my Body,  
which will be given up for you.

In a similar way, when supper was ended,  
he took the chalice  
and, once more giving thanks,  
he gave it to his disciples, saying:

Take this, all of you, and drink from it,  
for this is the chalice of my Blood,  
the Blood of the new and eternal covenant,  
which will be poured out for you and for many  
for the forgiveness of sins.  
Do this in memory of me.

The mystery of faith.

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Therefore, as we celebrate  
the memorial of his Death and Resurrection,  
we offer you, Lord, the Bread of life and the Chalice of salvation,  
giving thanks that you have held us worthy  
to be in your presence and minister to you.  
Humbly we pray that, partaking of the Body and Blood of Christ,

we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church,  
spread throughout the world,  
and bring her to the fullness of charity,  
together with **Frances** our Pope, Justin our **Archbishop**, **Jonathan** our Bishop  
and all the clergy.

Remember also our brothers and sisters  
who have fallen asleep in the hope of the resurrection,  
and all who have died in your mercy:  
welcome them into the light of your face.

Have mercy on us all, we pray,  
that with the Blessed Virgin Mary, Mother of God,  
with blessed Joseph, her Spouse,  
with the blessed Apostles,  
and all the Saints who have pleased you throughout the ages,  
we may merit to be co-heirs to  
eternal life,  
and may praise and glorify you  
through your Son, Jesus Christ.

Through him, and with him, and  
in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

**Amen.**





## THE COMMUNION RITE

### The Lord's Prayer

*The congregation stands and the Priest says:*

At the Saviour's command  
and formed by divine teaching, we dare to say:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

Let us offer each other the sign of peace.

## **BREAKING OF THE BREAD**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.**

*After the Lamb of God, the people kneel.*

## **INVITATION TO COMMUNION**

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word and my soul shall be healed.**

*Baptised Christians are invited to receive the Body of Christ in the Sacrament.*

## **ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that you are present in the Most Blessed Sacrament.  
I love you above all things,  
and I desire to receive you into my soul.  
Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.  
I embrace you as if you were already there,  
and I unite myself wholly to you.  
Never permit me to be separated from you.  
Amen.

*St Alphonsus Liguori*

## **PRAYER AFTER COMMUNION**

Let us pray.  
Nourished with these sacred gifts,  
we humbly beseech you, O Lord,  
that, just as through the death of your Son  
you have brought us to hope for what we believe,  
so by his Resurrection  
you may lead us to where you call.  
Through Christ our Lord.

**Amen.**

## **THE CONCLUDING RITES**


### *Notices*

### **Blessing**

The Lord be with you.  
**And with your spirit.**

Look, we pray, O Lord, on this your family,  
for whom our Lord Jesus Christ  
did not hesitate to be delivered into the hands of the wicked  
and submit to the agony of the Cross.  
Who lives and reigns for ever and ever.

**Amen.**

May almighty God bless you,  
the Father, and the Son,  and the Holy Spirit.  
**Amen.**

### **DISMISSAL**

Go and announce the Gospel of the Lord.  
**Thanks be to God.**

# **HOLY WEEK & EASTER SERVICES**

## **Monday, Tuesday & Wednesday of Holy Week (29th, 30th, & 31st March)**

9am – Morning Prayer & Mass

5pm – Evening Prayer followed by a Holy Hour

## **Maundy Thursday – 1st April**

6:30pm – Mass of the Last Supper & Watch until  
Midnight

## **Good Friday – 2nd April**

10am – Stations of the Cross

3pm – The Liturgy of the Passion

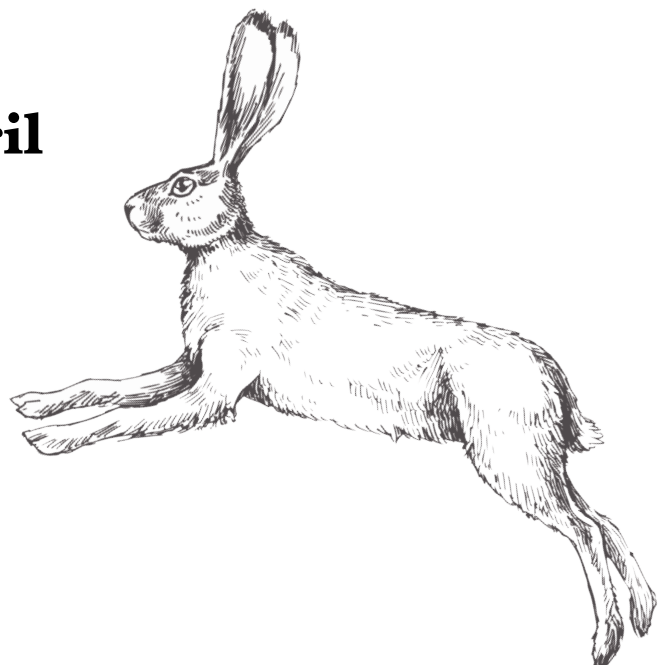
## **Holy Saturday – 3rd April**

We wait at the Lord's tomb in prayer & fasting,  
awaiting His Resurrection. Church open for prayer

10am – 2pm

## **Easter Sunday - 4th April**

10am – High Mass





Thank you for being with us today.

You can find everything you need to know about St. Anselm  
on our website

**[www.stanselm.co.uk](http://www.stanselm.co.uk)**

Or by speaking to a member of the congregation who would be  
happy to help you in any way we can.

Be assured of our prayers, be assured of Jesus love for YOU.

